

# PlyoCity Youth Development **JV Holiday Basketball** **Tournament**

Hosted by Los Alamitos and Huntington Beach High Schools

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Dec. 23rd, 24th, 26th, 27th 28th 2002

Los Alamitos HS, Huntington Beach HS,  
Oak Middle School

Tournament Information Call (562) 799-4780 ext. 249  
or visit [www.plyocity.com](http://www.plyocity.com)

Thirty Two of Southern California's premier Junior Varsity basketball programs are set to do battle in one of the largest JV tournaments on the West Coast. Los Alamitos and Huntington Beach High Schools are hosting the holiday tournament which will showcase some of the top prep stars of the future.

"We have some great teams in the tournament this year" said Coach Russ May, Head Basketball Coach from Los Alamitos High School. "Each year we seem to get a stronger field and this event gives each coach a bench mark for strength of his program".

Participating teams include: Cypress, Huntington Beach, Los Alamitos, Cabrillo, Corona Del Mar, Mayfair, Compton, Santa Margarita, Mater Dei, Torrance, North Torrance, Cerritos, Downey CC, Anaheim, Northwood, Loyola, Artesia, Downey, Trabuco Hills, Esperanza, Milliken, Orange Lutheran, Bellflower, Costa Mesa, Lynwood.

This years event is sponsored by PlyoCity. Founder Mike Rangel is very excited to be a part of this experience. His goal is, " to make the Los Alamitos JV Tournament the most anticipated and well run event of its kind in Southern California."

PlyoCity has sponsored a number of high school sporting events including the Roundball Extravaganza which is considered to be one of the premier events in Southern California. To quote Steve Fryer, sports writer for the Orange County Register, " The Roundball Extravaganza is among the best basketball showcases in Southern California."

For more information contact Mike Rangel at 949-206-2441 or e-mail at [mrangel@plyocity.com](mailto:mrangel@plyocity.com)

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**Youth Development**

*Training athletes to be Quicker, Faster, Stronger and More Explosive*  
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