

# PlyoCity Youth Development North / South Challenge

**Presented by - El Toro High  
School**

**25255 Toledo Way, Lake Forest CA**

**Thursday, January 2, 2003**

**For More Information call 949-598-3808  
or go to [www.plyocity.com](http://www.plyocity.com)**

What do you call an event that brings together eight of the top men's basketball teams in Orange County on one court? What do you call an experience that showcases some of Southern California's best basketball players? What do you call a sporting challenge that, at least for one year, determines who is stronger.... The North County teams or the South County teams.

You call it the **PlyoCity North / South Challenge** to be **Presented by El Toro High School**. In only the second year of the event, teams are clamoring to participate. Four games matching some of the elite teams in the county. Great match ups are what make this event unique. In addition to the North / South component, six different conferences are represented by teams that should challenge for their league titles. Many of these basketball programs have long standing traditions in Orange County for top ranked teams. And to round out the schedule, the elite players in **National Junior Basketball** will be participating in the **NJB All-Net All-Star Game**.

**Todd Dixon, Head Men's Basketball Coach at El Toro High School**, said, "*I am very pleased at how this event has grown in such a short period of time. It's great for Orange County to have an opportunity to see these young men play. We are very excited to host this event and I look forward to our game against a very good Brea Olinda team.*"

In addition to the El Toro High School and the Brea Olinda High School game, ( 8:00PM game), the power house teams of Marina High School and Newport Harbor High will face off at 6:30PM. Both games should be very competitive. The earlier match-ups of Dana Hills HS and Sonora HS , (3:30PM) as well as Capo Valley HS and El Dorado HS, (5:00PM) will be compelling because of their up tempo style of play.

The event sponsor **PlyoCity Youth Development** is pleased to participate in this event. **PlyoCity Founder, Mike Rangel**, commented, "*my goal is to make the PlyoCity North / South Challenge the most anticipated high school basketball event of the year.*" PlyoCity trains over 5,000 athletes and is the largest plyometrics training organization in the country. Along with the PlyoCity Roundball Extravaganza, this event promises to be a fan favorite to watch.

The Game Schedule is as follows:

**12:30PM El Toro JV vs. Brea Olinda JV**  
**2:00PM NJB / All Net All Star Game**  
**3:30PM Dana Hills HS vs. Sonora HS**  
**5:00PM Capo Valley HS vs. El Dorado HS**  
**6:30PM Newport Harbor HS vs. Marina HS**  
**8:00PM El Toro HS vs. Brea Olinda HS**

Tickets for the all day event will be sold at the door. A single price gives you access to 6 outstanding games. **\$10 for Adults, \$5 for Students**. There will be food, beverages and entertainment for all ages.

**For more information visit our web site at [www.plyocity.com](http://www.plyocity.com), call 949-206-2441 or you can e-mail us at [mrangel@plyocity.com](mailto:mrangel@plyocity.com)**